



the SHEPHERD'S STAFF

Transitions: Finding new faith in the midst of life's changes

I was in my mid-forties when a pastor friend of mine had just retired. He showed me a book that someone had shared with him entitled, Transitions: Making Sense of Life's Changes by William Bridges. The book got my attention because it presented a different way of looking at life for me. The book presents transition as three distinct categories: Ending, Neutral Zone and Beginning.

First revelation: The difference between "change" and "transition". Change happens all the time. Transition is how we respond to change. Change is external. Transition is internal.

Second revelation: A new beginning happens only when something has ended, internally as well as externally. Ending is the way to beginning.

These two revelations have led to more insights (which I will be sharing in two classes in June on Sunday mornings). Simply stated, however, it has given me new hope in the way I approach "endings"...I see them as a start of a journey towards new beginnings.

I am now able to face into endings with more conviction, trusting that they will lead me somewhere. I also now trust in a time of "in-between" (William Bridges calls it the "Neutral Zone") where there seems to be nothing happening, when things are confusing and chaotic, but something new is emerging. And I now lean into the new beginning that emerges with energy and determination.

I also see this process as one that is deeply rooted in the life of faith. God moves through endings, guiding through the confusion of the in-between time and brings beginnings in surprising ways. I see much of Scripture as the story of God guiding the people to transition through loss towards a way of being a blessing and a hope in the world. I see the death and resurrection of Jesus in a new light and now I truly claim myself as a "death/resurrection" person!

So, this is my witness and I bring my truth as I walk with you in this time of change and transition. I **invite you to Adult class on Sunday June 10 and June 17**. The book "Transitions" will be available for you to order and I will be glad to be part of any book conversations or one-on-one conversation about the book.

Holy Shepherd is in Transition Time....and so am I....and so are you! May God's love in Christ guide and keep us!

Pastor Kari Reiquam

May 16, 2018

Adult Education

SUNDAY Mornings

9:30 am Bell Choir Room

- June 3** **India: Ministry Update**
Leaders: Dave & Bobbi Edwards
- June 10** **Endings and Beginnings:**
Finding our way through change
Leader: Pastor Kari Reiquam
- June 17** **Discovering God in "in-between" Times**
Leader: Pastor Kari Reiquam
- June 24:** **"Downsizing"**
Presented by Health Ministries

MONDAY Afternoon

Women's Early Afternoon Bible Study
Summer Break

TUESDAY Morning

Women's Tuesday Morning Bible Study
Summer Break

TUESDAY Evening

Holy Shepherd Book Club
Summer Break

WEDNESDAY Evening

Wednesday Night Life Adult Classes
Summer Break

THURSDAY Morning

Lectionary Bible Study
8:30 – 10:00am Multi-purpose Room
Discuss & Study upcoming Sunday lectionary readings.
Leader: Pastors Michael & Kari

SATURDAY Morning

Men's Bible Study & Breakfast
Summer Break



Wednesday Night Life

Growing in God's Family

4:45– 9:00pm

WNL is a midweek gathering that will strengthen your body and spirit with food, fellowship, education and song.

Summer Break
Will resume in September

Summer Music sign-up:

Through-out the summer, a wide variety of musicians bless the worship services with their gifts. If you would like to sing (solo or group) or play an instrument to praise God, please sign up on the poster located in the Narthex.

Sr. High Summer Trip
June 27 – July 1, 2018

ELCA National
Youth Gathering
Houston Texas



6 of our youth and 2 adults are attending the gathering this year.

The ELCA National Gathering – a 5 day event - takes place every 3 years and is about faith formation, worship, study, fellowship, service and play! It is an opportunity for youth to engage with peers from across the United States and the world who share a common commitment and faith in Christ.

Please keep those attending from all over the country and world in your prayers

Faith Milestones



You are ALL Invited!
In honor of the 2018 Confirmation Class

Confirmation, over the last few years, has been changing – combining with other churches for instruction and inviting younger ages to participate. As this ministry continues to transform we have decided, based on these changes, that the Affirmation of Baptism Rite for these youth will be held on **June 24th at the 10:45 service.**

The entire congregation of Holy Shepherd is invited to celebrate with the confirmands and their families at a

Confirmation Dinner,
Saturday, June 23rd, @ 6:30pm

Our 1st & 2nd year confirmation students and families will help serve a wonderful meal with a free-will offering. After dinner, there will be a program and presentation of faith statements by the confirmands. Please call the church office if you would like to attend.

Come, support our confirmands and families, and join them in celebrating this important faith milestone!

EQUAL EXCHANGE COFFEE SALE



It's such a good feeling to aid the subsistence farmers, thanks so much for your continued support!

Next up: Sunday:

June 17 and July 15

Thank you to all who participated in the Buy/Donate

low-cost clothing event for the Action Center on May 13. The Action Center serves a wide variety of folks who can use a little help.

It is greatly appreciated!

Dining Out for Hunger

Hunger Dinner



A Giant Thank You to all who helped out, attended, and donated to ELCA World Hunger during the Annual "Dining Out For Hunger" Dinner.

We had a great turnout,

as usual there was fantastic food and musical entertainment, and we raised **\$4621** (so far) to benefit World Hunger relief. The volunteers came together to make this so special...a **big thanks** to those of you who **cooked, set up, served, washed dishes, cleaned up, and especially the members of the band.**

Because of your generosity, lives will truly be saved around the world. **See you next year!**



Dear Holy Shepherd,
We are grateful to work with you to help support homeless families through the Family Promise ministry. Thank you for the ongoing commitment, facilities and resources that you and your faith community invest. Enclosed is a check for \$500 to support those efforts.

Working together through Christ,
Deacon Michael Fletcher
Christ on the Mountain



Dear Holy Shepherd,

Because of your generous support, more low-income families in metro Denver will soon find strength, stability and independence in the very own homes. Your gift of \$290 is helping us build homes - and hope - for some of our community's hardest working families.

Your donation is inspiring another family to build themselves a better future.

In partnership,
Habitat for Humanity

Dear Friends at Holy Shepherd,

We are indeed thankful today and everyday for your partnership in our mission. What a gift you are to future leaders for the church! Thank you for the gift of \$400 to the student account of Emily Norris. Thank you for all the ways you support our mission - through prayers, gifts and lifting up leaders. For all of these things, we are grateful.

In Christ, Rev. Louise N. Johnson
Wartburg Theological Seminary

Thank you members of Holy Shepherd for all the prayers, cards and telephone calls praying for my recovery during and after my heart surgery. It is truly appreciated. God bless you all and God bless Holy Shepherd Lutheran Church.

Milo Boschee



Worship Attendance ☪ April 2018

	5:30pm	8am	10:45am	Total
4/1 Easter no service	205	252		457
4/8	61	77	74	212
4/15	42	114	91	247
4/22	40	92	74	206
4/29	66	78	95	239

**On behalf of your Health Ministries Team
& Parish Nurse
May 2018**



CALENDAR UPDATES

SENIOR LAW DAY

Offered by Jefferson County DA's OFFICE
Saturday June 2, 2018.
8:00 AM- 1:00PM
To register call 303-271-6816

"HOW to DOWN SIZE"

June 24, 2018 at 9:30 - 10:30
in the Bell Choir Room

Mike Gallagher, owner of Smooth Transitions, will be presenting on "HOW to DOWN SIZE." A topic we can all learn from. His company coordinates Household Downsizing, Move Coordination and Estate Dispersal. You won't want to miss this informational speaker.

SENIOR LUNCHEON

Wednesday, August 1, 2018
12:00 - 2:00 Fellowship Hall
"THE DAWG DAYS of SUMMER"
Watch for details.

AARP Senior Driving Class

Monday, September 17, 2018
9:30 - 1:00 Fellowship Hall
Sign up in office beginning August 17, 2018

Bless Our Pets service.

Saturday October 6, 2018
3:30 PM Front Lawn
Watch for details.

Disabilities Weekend

October 20th & 21st
Watch for details.

Meet Your Health Ministries Team:

Vera Crabb, Ruth Huebner, Linda Jones, Shirley Matson, Carol Rossini, Barb Suder, Kathy Yorgin, Joan Young. We meet on Tuesday evenings at 5:30 in the Fellowship Hall. We do not meet monthly. Please join us.

Project C.U.R.E Donations

Barb Suder, Parish Nurse, is once again collecting donations for PROJECT C.U.R.E for 2018. If you have supplies to donate, please contact the Parish Nurse prior to dropping them off. Project C.U.R.E. has restrictions and cannot take everything. Exclusions include, but are not limited to, medication, mercury thermometers or anything containing mercury & out dated materials/supplies.

Disposal of Unwanted Medication/s

Blue Spruce Pharmacy, 9485 W. Colfax Lakewood, will take medications you no longer want. Use their south entrance and go to the second floor. They request you **place all medications in a clear zip lock bag. They cannot take original containers, liquids or sharps. They can only take tablets and capsules. NO EXCEPTIONS. Call them to ask how you dispose of containers, liquids and sharps.** There is a Green box to place your zip lock bag in. Their number is 303-432-5925 for questions.

Your Parish Nurse, Barb Suder, is available to help you, your family & friends in person, by phone, by email or by text. She helps people both near and far. You are most welcome to stop by her office, call, text or email if you have questions or would just like to visit. Contact information is 303-233-2740 x 103

Barb.suder@holyshepherd.com



*Jesus Christ is the same yesterday,
today and forever. Hebrews 13:8*

NEWSLETTER DEADLINES

Submission Dates of Articles and Calendar Items

June 13, July 11, Aug 8

Mailing Dates

June 20, July 18, Aug 15

Spring House Cleaning?



Please remember Eiber and the Action Center when cleaning this spring! We need prizes and gently used stuffed animals for our Carnival next year at Eiber. The Action Center can use about anything except furniture.

Leave your donations at the Mission cabinet and we'll see that they go to the right spot.

Thanks, The Mission Committee

Holy Communion at Holy Shepherd

Saturday

5:30pm Traditional
Service

Sunday

8:00am Traditional
Service

10:45am Contemporary Service



Greeters needed!

Welcome all to the services and make all feel welcome. Contact office if this ministry is for you. 303 233-2740

Please Call the Office ~ Pastors or Staff

- ✓ When a new child is born or adopted into your family.
- ✓ When a loved one is hospitalized or ill.
- ✓ To add someone to the prayer list.
- ✓ To request that a Pastor visit at home, in the hospital or care center.
- ✓ To update the address/phone numbers of family members, including college students.
- ✓ To make an appointment to meet with a Pastor or a staff member.

**PLEASE check the RECYCLE & TRASH bins!
Some folks are confusing the containers.
The RECYCLE bin has the**



on it!

No trash or plastic trash bags in that one.

Shred all of your personal items.

THE EARTH THANKS YOU!

**We are all here to take care of this house, the one we call God's House -
Holy Shepherd.**

When you are the last person leaving the church in the evening or late in the afternoon, **PLEASE MAKE SURE THAT ALL THE DOORS ARE CLOSED AND LOCKED AND THE LIGHTS ARE OUT. PLEASE DO NOT PROP DOORS OPEN.**

Mother Earth thanks you!

Dear Friends,

Greetings from Canton, Michigan! I write you at the end of my annual visit to the USA. This visit was mostly work and time with friends and family, though I did sneak in a few sponsor visits! Though it's never enough time to see everyone and do everything! I imagine many of you can relate to that!

I return to Madagascar on Friday and look forward to the last two months of the current volunteers stay. They have had a very eventful year and I hope their remaining time is positive and joyous!

See the latest newsletter attached.

Pastor Kirsten Laderach

Evangelical Lutheran Church in America
Country Coordinator - Madagascar
Young Adults in Global Mission Program
Phone: +261 34 66 675 45

Email: kirsten.laderach@elca.org

Facebook: YAGM Madagascar

MADA MATTERS

"Vonona ve?" (Ready?) ... while, we're getting there....

What I do

I coordinate the YAGM (Young Adults in Global Mission) program of the ELCA in Madagascar. This means programmatic, logistical and pastoral support for 7 volunteers in all corners of this country. I travel a ton to see them and to support the accompaniment part of our church to church work. I am constantly being refined and renewed, learning things about the world and myself while challenging and cultivating my faith.

Questions/ Communication

Pastor Kirsten Laderach -
YAGM Country Coordinator -
Madagascar

Blog:
madagascarvaovao.wordpress.com

Email:
kirsten.laderach@elca.org

Facebook: YAGM Madagascar

Mailing: BP 880, Isoraka 101
Antananarivo, Madagascar



We Move Along...

Madagascar has seen it's challenges these past few months! We have been eye witnesses to the effects of unreliable infrastructure, plague, cyclones and now some political strife. Oh Madagascar, life is not easy on your lands or for your people! Even so, you provide an incredibly hospitable reality for all of us who pass through your borders...

We had our second retreat with the YAGM volunteers in March. Another refreshing time that reminds me every year that we all grow in our understanding of life and ourselves while we live in foreign lands for an extended period. March means that all the





Ways to support me

As always I thank you for your thoughts, prayers and support. It takes a lot to sustain our work here in Madagascar and around the world. Ways you can help:

- Pray - for me, our work here and for Madagascar
- Communicate - through email and snail mail
- Sponsor - myself or Global ministries in Madagascar at: <https://community.elca.org/Madagascar>



Prayer Requests -

There is a little political uncertainty right now as the sitting government and opposition parties are at odds about free and fair elections. Pray for wisdom, peace, patience and dialogue.

volunteers have been in Madagascar for 7 months, plenty of time to learn and grow, to be bent out of shape and to be trying to bend back into another new shape and understanding. And for myself, I always breathe a sigh of relief, being and knowing that this time and these struggles just might have been worth it!

Abiding

I've been in the USA since April 9. First in Chicago for another DIP event, where I got to meet the new volunteers who will arrive in Madagascar in August. Then over to Phoenix where I visited family and New Journey Lutheran Church in Fountain Hills. I passed through the Twin Cities and saw more friends and preached at St Anthony Park Lutheran Church. And what a day that was! See below three volunteers from YAGM Madagascar who came to visit that day! Nothing but love and sweet memories of time abiding with each other through laughter and tears.

I'm in the USA until May 11, when I return to Mada. I'm doing my best to connect and abide with family and friends. This trip back has brought to focus that I am finding a home in Mada but even so, these visits to this US home are really too short!



**Church & Staff phone &
extension numbers,
email addresses**

Office Phone (303) 233-2740
Fax (303) 274-6725
email: office@holyshepherd.com
website: www.holyshepherd.com

Pastor's Emergency Phone
Available 24 Hours
303/562-4207

Transition Pastor Kari Reiquam

.....ext. 107
pastorkari@holyshepherd.com

Pastor Michael TeKrony

.....ext. 109
mtekrony@holyshepherd.com

Karen Novess

Ministry Partner..... ext. 101
knovess@holyshepherd.com

Barb Suder

Parish Nurse..... ext. 103
barb.suder@holyshepherd.com

Mary Biefel

Office Manager.....ext. 102
mbiefel@holyshepherd.com
office@holyshepherd.com

Donna Madsen

Secretary.....ext. 108
dmadsen@holyshepherd.com

Dana Anderson Organist

Dave Gleason

Director, Chancel & Bell Choirs -
glea7149@hotmail.com

Ron Skabo

Director, Prime Time Choir
rskabo34@msn.com

Dianne Watts and Mike Madsen

Directors, Children's Choirs

Diane Klinkerfues

Director, Praise Team
dklinker@me.com

Fellowship Hall/Kitchen.. ext. 201

Basement/Kitchen..... ext. 202

Nursery..... ext. 203

Carmine Gabbianelli Sound Tech

carminesamuel@gmail.com

Larry Lagerberg Custodian

Pat Braden Nursery Coordinator

If you would like to submit a prayer request,
please phone or e-mail:

Holy Shepherd Church Office - 303-233-2740
office@holyshepherd.com



THE
HOLY
SPIRIT
FELL ON ALL
WHO HEARD
THE WORD.



ACTS 10:44, ESV

**EIBER CARNIVAL
A HUGE SUCCESS!!!**

There were more than 300 people who attended the Eiber Carnival on Friday, April 27, and all we saw were smiles! Not only did we have a wonderful community event, we raised over \$900 for the Eiber PTA!

The carnival would not have been possible without our wonderful Holy Shepherd volunteers! A huge thank you to the following for giving of themselves to make this event a great one!

JUNE 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 Family Promise Departs 8:00 AM Holy Communion, Traditional 9:15 AM Community Time (FH) 9:45 AM Praise Team (S) 10:45 AM Holy Communion, Contemporary 11:45 AM Community Time (N) 5:00 PM HSLC Duplicate Bridge (FH)	28 Memorial Day Office Closed 6:00 PM - 7:30 PM Private Meetings (Family Recovery Group) (FH,L,BC,nursery)	29 10:00 AM Staff Meet (V) 5:30 PM Health Ministries (FH)	30 9:00 AM - 11:00 AM Private Event (Families First) (L)	31 8:30 AM Adult Lectionary Bible Study (MP)	1  June 10:00 AM - 12:00 PM Private Event - (MP)	2 9:30 AM - 11:30 AM Private meeting Ward 1 (C) 5:30 PM Holy Communion, Traditional
3 8:00 AM Holy Communion, Traditional 9:15 AM Community Time (FH) 9:15 AM Pancake Breakfast for Habitat for Humanity (FH) 9:30 AM Adult ED (BC) 9:45 AM Praise Team (S) 10:45 AM Holy Communion, Contemporary 11:45 AM Community Time (N) 4:00 PM Sr. High Houston Group (Novess Home) 5:00 PM HSLC Bridge Club (FH)	4 9:00 AM - 1:00 PM Private Event (Embr. Guild)(FH) 6:00 PM - 7:30 PM Private Meetings (Family Recovery Group) (FH,L,BC,nursery)	5 10:00 AM Staff Meet (V)	6 9:00 AM - 11:00 AM Private Event (Families First) (L)	7 8:30 AM Adult Lectionary Bible Study (MP)	8	9 10:00 AM - 1:00 PM Private Event (Rocky Mtn Lace Guild)(FH) 5:30 PM Holy Communion, Traditional
10 8:00 AM Holy Communion, Traditional 9:15 AM Community Time (FH) 9:30 AM Adult ED (BC) 9:45 AM Praise Team (S) 10:45 AM Holy Communion, Contemporary 11:45 AM Community Time (N)	11 6:00 PM - 7:30 PM Private Meetings (Family Recovery Group) (FH,L,BC,nursery)	12 9:00 AM Busy Bees (MP) 10:00 AM Staff Meet (V)	13 Deadline for Calendar & Shepherd Staff 9:00 AM - 11:00 AM Private Event (Families First) (L)	14 8:30 AM Adult Lectionary Bible Study (MP)	15 10:00 AM - 12:00 PM Private Event - (MP)	16 10:00 AM - 11:00 AM Anderson Nord Wedding (S,N,MPL) 5:30 PM Holy Communion, Traditional
17  8:00 AM Holy Communion, Traditional 9:15 AM Community Time (FH) 9:30 AM Adult ED (BC) 9:45 AM Praise Team (S) 10:45 AM Holy Communion, Contemporary 11:45 AM Community Time (N)	18 5:30 PM Council Meeting (MP) 6:00 PM - 7:30 PM Private Meetings (Family Recovery Group) (FH,L,BC,nursery) 6:30 PM Prayer Shawl Ministry (N)	19 10:00 AM Staff Meet (V)	20 Mailing of Shepherd Staff 7:45 AM Newsletter folders (FH) 9:00 AM - 11:00 AM Private Event (Families First) (L)	21 8:30 AM Adult Lectionary Bible Study (MP)	22	23 5:30 PM Holy Communion, Traditional 6:30 PM Confirmation Dinner (FH)
24 8:00 AM Holy Communion, Traditional 9:15 AM Community Time (FH) 9:30 AM - 10:30 AM Adult ED (BC) 9:45 AM Praise Team (S) 10:45 AM Holy Communion, Contemporary CONFIRMATION 11:45 AM Community Time & Confirmation Reception (N) 5:00 PM HSLC Bridge Club (FH)	25 6:00 PM - 7:30 PM Private Meetings (Family Recovery Group) (FH,L,BC,nursery)	26 9:00 AM Busy Bees (MP) 10:00 AM Staff Meet (V)	27 Sr. High National Gathering - Houston 9:00 AM - 11:00 AM Private Event (Families First) (L) 9:00 AM - 3:00 PM Visiting Nurses Foot Clinic (ED1,L)	28 Sr. High National Gathering - Houston 8:30 AM Adult Lectionary Bible Study (MP)	29 Sr. High National Gathering - Houston	30 Sr. High National Gathering - Houston 5:30 PM Holy Communion, Traditional

*Holy Shepherd Lutheran Church
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Lakewood CO 80215*

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CHANGE SERVICE REQUESTED
*Time Value -- Mailed Wednesday,
May 16, 2018*



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